Below are testimonies from individuals that have tried Kangen Water and experienced results. These testimonials were submitted by real people and are presented to you, unedited and in their own words.

Sheila H., Sacramento, Ca

How Long? = 4 months

I have had Acid Reflux/indigestion for many years. At times the pain would be so bad it would awaken me from sleep. I'd get out of bed, take my Rx and start running in place to try and move the food down, this did not give much relief. After that I would have to sleep in a sitting position for the rest of the night. Since the very first time I drank Kangen water I have not had any more of those attacks. A couple of times I thought I was going to have an attack but nothing happened. I am so grateful for learning about Kangen water and wish everyone would just try it. It is good for so many things. My husband who would not eat salad because it was hard for him to digest is now eating salad. The water makes it go right down. Thank you Jerry and Leonora for introducing me to Kangen water.

Ryan C., Laguna Hills, Ca

How Long? = 9 months

Hello to you all. Just to let you know the WONDERFUL benefits of Kangen water!! First I was diagnosed with diabetes type 2, chronic back pain, and thyroid issues where I had to take medicine for both my thyroid and diabetes. Sometimes my back would be so bad I couldn't get out of bed. I do exercise (walk everyday) and try to eat healthy but I continued to take medication for five years before my friend told me about the Kangen water. My wife was familiar with alkaline water, she studied the benefits alkaline water can have for people with cancer or for prevention of cancers (she has a history of cancer in her family). We didn't hesitate getting the Enagic SD501 and we couldn't be happier and healthier!! My diabetes is COMPLETELY under control (no medication) and I'm pain FREE!! My wife she calls are Enagic SD501 machine her PREVENTATIVE MEDICINE MACHINE!!

Shirley N., Winnipeg, MB

How Long? = 1 month

Dear Friends, I am amazed by this simple water technology. All I did was drink lots of this Kangen ionized water for two weeks, and the aching from the arthritis in my hands and knees, and the pains in my back and neck, simply dissolved right out of my body. For the past six years I had been drinking the purified, enhanced filtered water from Nikken. This has kept me healthy, but it did not stop the degenerative diseases from attacking my body. Now I am drinking freshly-made Kangen water, which will keep me whole, healthy, energized and youthful for a long time.

Kate R., Laguna Beach, CA

How Long? = 6 weeks

I had a chronic ear infection in my right ear for 13 years. During this time I have had seven ear operations (the last eight months ago) to try and solve the problem. Each time I had a mastoidectomy, rebuilt ear drum which involved a skin graph, and rebuilt ear canal to help with swelling. Each time the recovery took two months and the skin graph never took hold or healed properly. I was in severe pain and had constant infections. The medications I took included anibiotics, prednisone, vicodine, musinex and massive amounts of tylenol. I was told I was auto immune and would just have to live with the condition. After drinking Kangen water for one week the pain was gone, so much so that I forgot to make my monthly appointment with my ear doctor. After two weeks my ear has completely healed, no medication, no pain, no infection. For the first time in 13 years I am free! It is like being reborn! I thank the person that introduced me to the water every day. The saying is really true ... Change Your Water Change Your Life! Thank you! Thank you!

Shelly C., Sylmar, CA

How Long? = almost 2 months - 6 weeks

My friend turned me on to Kangen...I have high blood pressure, high cholesterol, bad back, on many medications, always fatigued and depressed. When I started 9.0 on week 3, I started feeling wonderful. I was not tired and I could actually keep my eyes open. I was awake during the day at work and not yawning...also, my carpal tunnel went away and I have not pain in the right wrist. I also had acid in my stomach and chest, and always taking tums and such- that is gone. My husband also has had great results from the Kangen water. I can't believe what the water has done. I bought the machine and use the water to condition my hair, pour on my body (my body does not itch anymore), use the water to clean, use the 2.5 on my daughter's acne, and much, much more. Unbelievable. I love my Kangen "angel" machine, which is what I call her...she is wonderful. I have not had anything else to drink except Kangen, and that is the way it is going to stay. Thank you for the this product!

Lisa S., Laguna Hills, CA

How Long? = one and a half months

I was one month shy of turning 41 years old when I had my first child. I was advised to sleep when my baby slept or you'll exhaust yourself, which won't be good for you or the baby. Well, I did that. Then one day, my daughter, now 3.5 stopped taking naps, but I continued. She absolutely wore me out! Soon after I started drinking Kangen water, I had more energy than I could believe. I went non-stop from the time I woke up until I went to bed. I used to require 9-11 hours of sleep every night or I didn't feel rested enough. Now, I wake up completely refreshed after 7 hours. My "brain fog", as I call it, has also lifted. After I had my daughter, my recall of work details was not as snappy. That's no longer the case. My husband, who was taking Prilosec for stomach indigestion / acid reflux, hasn't taken that little purple pill since he started drinking the water. He's also sleeping much better.

Yousef A., Lake Balboa, CA

How Long? = 45 days

Every winter I get rashes where my skin becomes very dry and cracks. Some nights I could not sleep, and due to scratching I will have pimple size blisters that won't go away until Summer. Of course I went and saw doctors and used all kind of moisturizers and creams which gave me little or no relief. Then my best buddy introduced me to Kangen water. I was kind of skeptical at first because my brain only works on science and proof, so I needed proof and when he told me he got rid of his acid reflex the moment he used Kangen water I believed him. I tried it for a week or so, I noticed I am not itching as much and I slept better. I drank more and more water, I think I was using his machine more than him and within a month I got rid of almost 95% of my symptoms and on top of that, my skin is clearing, so I bought the machine and I am spreading the good news and so excited about it I cannot believe it myself. I told another friend about my case so he bought the machine and then I told another friend about the program and this one said to me that the last time he saw me this much excited was 20 years ago when we took our first flying lesson. Thank you Enagic!

Pipiena N., Tigard, OR

How Long? = one month

Two years ago I was told I had asthma, so I had to use inhaler. Actually three different inhalers and it was very expensive. But a month ago I started to drink Kangen water and I know this, my asthma is gone. I can sit there when someone is smoking and I don't have any problem breathing. I've been on Kangen water since last week of February 2008 and my family loves the water and our machine.

Dave S., Melbourne Beach, FL

How Long? = 3 months

I was introduced to Kangen water 3 months ago and immediately experienced benefits after only one day. I was complaining about muscle soreness and stiffness in my joints for the past 4 weeks, due to an increase in intensity in my workouts. After drinking the water for one day, I awoke the next morning to find 90% of my soreness and stiffness was gone. I then began to research the science behind the water ionizer and was convinced enough to purchase the SD501 for myself. After drinking the water for 2 more months my cholesterol came down from 255 to 178. My doctor had been trying to get me on medication for over 2 years but I refused and tried every natural way I could find to get it down. Every six months I would have my blood checked and the doctor told me it was still high and that I was just one of those people who's liver just produces too much cholesterol. After he saw the sudden drop in my numbers he wanted to know what I had done. I told him about the water and he was very intrigued and told me to just keep doing what I'm doing. I keep drinking the water and now have noticed the arthritis in my knees is less painful and I can now play sports that I haven't been able to play in years such, as Judo and softball. I now tell everyone about my experience.

Gerald K., Tustin Ranch, CA How Long? = 6 months

I really did not see any major effects of the water until I actually bought my machine and was drinking the water fresh, but my wife and son sure did. In fact, it was the way the water affected them that really got my attention. Since purchasing our machine my family and I have experienced awesome results. I lost over 25 pounds in the first 2 months, without dieting and during the Thanksgiving & Christmas Holiday. My blood pressure went from Stage II Hypertension to normal within 3 months, with no medications or dietary changes. My skin has become much more smooth & supple and the "ashy" white that use to be on my elbows is absolutely gone. I am even sleeping better. I fall asleep much faster and sleep soundly throughout the entire night. The rest of my family, my wife and son, have also experienced amazing results. My wife has lost over 30 pounds, her hair is thicker and more healthy, she has tons more energy and her skin is radiant & people comment all the time about how great she looks. My son has lost over 15 pounds and he feels great. I'll be honest, I was extremely skeptical when I first started drinking this water. I did not think it was going to do anything. Well, the results that my family and I have experienced have made a believer out of me and I would strongly recommend that everyone at least try this water and see what it does for you. I believe in this so much that my father, my half-brother, my step-sister, my sister-in-law, my next door neighbor and most of my close friends have all purchased machines because I shared the water with them and they, too, have seen incredible results. It has literally changed my life for the better and it may just do the same for you!